

#### October 2025

#### Dear patient,

We are writing today with an important update about your ability to get health care at Mount Sinai Health System through your Molina Essential Plan.

Beginning in 2026, Mount Sinai will be ending our participation with Molina Essential Plans.

#### This means:

- Mount Sinai physicians will no longer accept your Molina Essential Plan insurance beginning Thursday, January 1.
- Mount Sinai hospitals and facilities will no longer accept your Molina Essential Plan insurance beginning Sunday, March 1.

You can continue receiving care at Mount Sinai the way you always have through those dates, however, we encourage you to start exploring your coverage options for 2026 today.

## What You Can Do Today

We know how important it is for you to continue to have in-network access to the Mount Sinai physicians and services you trust, so we have provided resources below to help.

If you wish to continue to have your care covered at Mount Sinai, you may be able to switch to an Essential Plan that Mount Sinai participates with. A list of plans we accept can be found on our website at <a href="mailto:ChooseMountSinai.org">ChooseMountSinai.org</a>.

## **How to Change Plans**

You can change your plan at any time during the year by:

- Getting in touch with the assister who enrolled you.
- Calling the NY State of Health at 1-855-355-5777 (TTY: 1-800-662-1220). Calls are answered Monday through Friday from 8 am to 8 pm, and on Saturday from 9 am to 1 pm.

# **Stay Informed**

Visit our website at <a href="ChooseMountSinai.org">ChooseMountSinai.org</a> to stay up to date and view answers to frequently asked questions. If you have additional questions or need assistance, please call us at 833-912-5604.

You may be aware that due to changes in federal laws and regulations, there may be significant changes to all New York State Essential Plans. Please be assured that Mount Sinai's decision to stop participating with Molina Essential Plans is not related to these changes. However, we strongly encourage you to contact the NY State of Health at 1-855-355-5777 for general information about changes to New York State Essential Plans, as your eligibility for Essential Plans in general may change.

We value your choice to receive care at Mount Sinai and hope to remain your trusted health care provider in 2026 and beyond.