

## November 2025

## Dear patient

We are writing today with an important update about Mount Sinai's participation with your Medicare Advantage plan and your options during the Medicare Annual Enrollment period.

As you may know, effective Thursday, January 1, Mount Sinai Health System will no longer be in VNS Health's Medicare Advantage network. This means that Mount Sinai's facilities and physicians will no longer accept your plan starting Thursday, January 1.

The Medicare Annual Enrollment period is currently underway and will continue through Sunday, December 7. To ensure continued access to Mount Sinai physicians and services, you can change Medicare plans during this period to one Mount Sinai participates with.

The Medicare Annual Enrollment period gives you an opportunity to choose a Medicare plan that best suits your needs. You can also switch to Original (traditional) Medicare during this period. For additional information and to view a list of Medicare plans Mount Sinai will participate with in 2026, please visit our website at <a href="ChooseMountsinai.org">ChooseMountsinai.org</a>. As you evaluate the options available to you, keep in mind that, in addition to many Medicare Advantage plans, Mount Sinai is always in network with Original (traditional) Medicare and all Medicare supplement plans.

## What You Can Do Today

- To talk to someone about your Medicare options for 2026, please consider calling Chapter, an independent, licensed health insurance broker, whose experts can walk you through potential choices and help you enroll in new coverage if you wish.
- You can learn more by calling Chapter at 1-800-434-9925 or visiting AskChapter.org/partners/Mount-Sinai.
- Call Medicare at 1-800-MEDICARE (1-800-633-4227) for assistance with switching plans.
- **Visit Medicare's website** at <u>Medicare.gov</u> and use the Plan Finder tool to compare available Medicare plans.
- If you enrolled in your VNS Health Medicare Advantage plan directly through VNS Health, please call member services at **1-866-414-6715** (TTY: 711). Calls are answered Monday through Friday from 8 am to 8 pm.

If you have any questions or need assistance, you may also call our community information line at **833-912-4365**.

If you have already selected another Medicare plan for 2026, please disregard this message.

Thank you for trusting Mount Sinai for your care.