



January 2026

Dear Patient,

An important deadline is approaching for you to adjust your health insurance coverage. If you have already selected a new insurance plan through the Individual NYS Marketplace for 2026, please disregard this message.

**As of Thursday, January 1, Mount Sinai physicians are no longer in network with Anthem Blue Cross Blue Shield's NYS Marketplace plans.** In addition, Mount Sinai hospitals and facilities will no longer be in network with your insurance beginning **Sunday, March 1**. This means that Anthem will no longer cover your care at in-network rates after these dates.

**We would like to continue caring for you**, and we know how important it is for you to continue to have covered in-network access to the care you trust, so we're reaching out to let you know about your options.

### **Marketplace Open Enrollment Ends on January 31**

*Your Options for Continued Access:*

If you wish to continue to receive care from Mount Sinai, you still have time to change to a health plan Mount Sinai participates with during the Marketplace Open Enrollment period, which continues through Saturday, January 31. This period gives you the opportunity to enroll in a plan that best suits your needs.

- To change plans, visit NY State of Health at [nystateofhealth.ny.gov](http://nystateofhealth.ny.gov) or call **855-355-5777 (TTY: 800-662-1220)** for more information. Calls are answered Monday through Friday from 8 am to 8 pm, and on Saturday from 9 am to 1 pm.
- To view a list of insurance plans Mount Sinai participates with in 2026, visit [ChooseMountSinai.org](http://ChooseMountSinai.org).

### **Stay Informed**

Visit our website at [ChooseMountSinai.org](http://ChooseMountSinai.org) to stay up to date and view answers to frequently asked questions. If you have additional questions or need assistance, you may call us at **833-912-5604**.

Thank you for trusting Mount Sinai with your care.