



December 2025

Dear Patient,

We are writing to remind you of an important change in Mount Sinai Health System's participation with your Medicare Advantage plan from Anthem Blue Cross Blue Shield (formerly known as Empire). If you have already selected another Medicare plan for 2026, please disregard this message.

Effective Thursday, January 1, Mount Sinai physicians will no longer be in network with Anthem's Medicare Advantage network. In addition, Mount Sinai hospitals and facilities will be out of network with your insurance beginning **Sunday, March 1**. This means that Anthem will no longer cover your care at in-network rates after these dates.

We would like to continue caring for you, and we know how important it is for you to continue to maintain in-network access to the care you trust, so we're reaching out to help you make an informed decision about your care.

Your Options for Continued Access

Adjust Your Medicare Coverage

Since you are currently enrolled in a Medicare Advantage plan, now through Tuesday, March 31, you can make a one-time change to your Medicare coverage. During this period, you can switch to a different Medicare Advantage plan or to Original (traditional) Medicare to protect your covered access to Mount Sinai providers and facilities.

If you choose to make this change, your new coverage will begin on the first day of the following month. For example, if you make a change on Thursday, January 1, your new coverage will begin on Sunday, February 1.

As you evaluate your options, please keep in mind that in addition to certain Medicare Advantage plans, Mount Sinai also participates in Original (traditional) Medicare and all Medicare supplement plans.

You can learn more about your Medicare coverage options and view a list of Medicare plans that Mount Sinai will participate in 2026 by visiting ChooseMountSinai.org.

Keep Your Current Plan

If you wish to continue seeing your Mount Sinai care team, but do not want to change plans at this time, you have the option to:

- Use out-of-network benefits if your current plan has those benefits
- Self-pay at the out-of-network rate

Please be aware that out-of-network benefits generally will not cover all your care and may result in a significant out-of-pocket cost for you.

Need Help Reviewing Your Options?

For help enrolling in a Medicare Advantage plan that best meets your needs:

- **Call Chapter at 1-800-434-9925 or go to AskChapter.org/partners/mount-sinai.** Chapter is an independent, licensed health insurance broker whose experts can walk you through potential choices and help you enroll in new coverage.



- **Call Medicare at 1-800-MEDICARE (1-800-633-4227)** for assistance or visit Medicare's website at Medicare.gov.

For help enrolling in a Medicare Part D prescription drug plan with Original Medicare:

- **Call Medicare at 1-800-MEDICARE (1-800-633-4227)** for assistance or visit Medicare's website at Medicare.gov and use the Plan Finder tool to compare available Stand-Alone Part D plans and enroll in the one that best meets your needs.
- You can also contact your local **State Health Insurance Assistance Program (SHIP)** for help with Medicare. In New York, call 1-800-701-0501. If you are outside of New York, visit shiphelp.org to find your local SHIP.

If you have any additional questions or need further assistance, you may also call our community information line at **833-912-4365**.

Thank you for trusting Mount Sinai with your care.

Para leer esta carta en español, visite nuestro sitio web en ChooseMountSinai.org

如需阅读本信的中文版，请访问我们的网站 ChooseMountSinai.org